Bath bombs were first invented in 1989, when product inventor and Lush co-founder Mo Constantine was inspired by the fast-fizzing action of the Alka Seltzer. She achieved that fizzy base renown throughout bathtubs worldwide with a simple combination of sodium bicarbonate (baking soda) and citric acid.

https://www.rd.com/beauty/what-are-bath-bombs-made-of/

Best skin care for over 50s:

- -moisturizer
- -exfoliator

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Bath Bombs "Da Bomb"

https://www.dabombfizzers.com

- -10 and 11 year olds started a line of bath bombs (they are not 17 and 18)
- -they now create other bath products

-It was then that the **bath bomb** was born. A compact package of bicarbonate of soda, citric acid, colourings, natural butters and essential oils, the mighty **bath bomb** is a fun alternative to bubble **bath** and provides the skin with just as many, if not more, benefits.

Lush:

in 2017 alone, the company sold approximately 13 million of these bath fancies

bath bombs contain glitter or tiny trinkets while others come in fanciful and elaborate shapes such as flowers, unicorns, cupcakes and superheroes