

aBefore interview: We chose the topic of investigating because we were curious about spirits and to prove a theory on Ashley's house being haunted, as well as Haley's house that also had some stuff happen. Before we communicate with the spirits, we needed to sit down with an investigator that will give us some information on how to. We interviewed Randy who is a janitor, and on the side does investigations. He had told us what we should do when, and how to go about communicating with spirits. It really opened up a view on how to properly do it.

November 6th, 2018

Interview with Randy, a paranormal investigator

1. How long have you been investigating for?

8 years

2. Do you have any strange stories from any investigations?

- Shadow figures. He has seen one full apparition from the West Virginia Penitentiary which was the third bloodiest prison when it was open.
- Bobby Mackey's Bar. In the basement children were doing manual / harsh labor. There is a little girl named Anna who likes to play with balls. Randy had a ball in his hand and the girl knocked it out of her hand.
- Pennhurst State School. His group was in a soundproof room in the basement and something whispered in his ear "help me."
- Waverly Hills, Kentucky. He was in the morgue with his wife and friends when he wanted to test the pull out lockers (the cremation lockers) when his pants leg was grabbed and pulled.
- Trans Allegheny Asylum. They did an EVP session in the children's room and he asked if any children spirits can communicate with him. Instead of getting a voice, a stone was thrown and landed right in front of him.

3. What made you get into investigating?

The house that he moved into was built in 1880 and there was a lot of unexplainable things going on. The group that came to investigate, he joined them. The group he investigates with is North Eastern Paranormal Investigation.

4. Have you ever felt endangered when investigating?

"No, it takes a lot to scare me."

5. Have you ever gotten attacked?

He has never gotten scratched, but members of his group got their hair pulled

6. Why is it important to be careful when communicating with spirits?

You never know who you will be talking to. It could be a bad or evil spirit pretending to be someone who they are really not. He said when communicating in your own home, the people who live there should not communicate because you can open a portal to negative energy because you have the power to. If someone else comes to communicate who does not live there, they can ask whatever and not open any portals.

7. Why are some spirit energies stronger than others?

It depends how long they have been a spirit. There are two different hauntings, intelligence and resilience. The intelligence is direct communication where you ask the question and they will answer. The resilience is the spirit who just yells or repeats words over and over again. Think of a record player with that one.

8. What are your favorite places to investigate in York?

- The Yorktowne Hotel. There was a murder suicide on the third and fifth floor. On the fifth floor in the Lafayette room there was a scream in pain. Another security guard had seen a woman in white, and that guard never returned.
- His old house

9. What do you do when you feel endangered?

You quit the session and leave the environment. Make sure you tell the spirit to stay and not to follow you home.

10. In your opinion, why don't most people believe in spirits?

Adults have more of a closed mind, and if something happens to them they try to prove it scientifically. Children have more of an open mind, so if something happens to them they go with it. It is easier for spirits to connect with children better than adults.

11. Do spirits try to contact certain people, and why?

Yes. They want to contact family members. Some spirits try to contact through dreams, they want to be acknowledged.

12. Would you ever discourage people from communicating and why?

Yes, if you are the one living in the act of place. A portal can open up and let other spirits in, which could be bad or evil.

Extra Notes:

- When spirits die, they go back to where they are the happiest in life. Whether its a place or age. So when they die, and you see them, they might not look the same.
- Some people don't want to leave, so their spirits stay restless or they are holding on because they do not feel the need to leave.
- Some spirits don't know that they are actually dead, if they die in a horrific way so they are confused of why people can't hear or see them.
- Where spirits don't have a sense of time, so they don't realize they might not have been around for months at a time.

After interview: We learned and explored more into detail of investigations that we hadn't already knew. It was different from what we thought, watching the paranormal shows is different from sitting down and talking to one about the process. Something we both never knew was communicating in your own home, someone else should be the communicator so a portal won't be open to the evil spirits. As well as the extra notes we took, we didn't know half of the reasonings. Some further questions we would have asked would be;

- Why do some spirits don't know they are dead?
- Why do some spirits hold on and won't leave?
- Why would some people see a spirit as different ages? You said spirits go back in time, so if Person A saw the spirit as young and Person B saw them as old, why is that? Is that possible?

An idea if we had time to add on to our project would be to explore reasonings of the spirits of why some won't leave, why some appear in different ages, etc.